



## *Year End Appeal*

December 21, 2015

Dear Community Member,

As you begin your journey through the New Year, the staff and volunteers of our organization would like to wish you all good health, happiness, and success! During the past year, we have worked tirelessly to provide services to seniors throughout Cohoes and surrounding areas with Meals on Wheels, day care, senior dining, activities and entertainment.

Our success and future is due to the support of your contributions. We face challenges every day as we continue to move forward providing for the care and well being of our aging population. For the past year, the Cohoes Multi-Service Senior Citizens Center and its Board of Directors has been collaborating with Senior Service of Albany to provide seniors in our community with better services, nutritional meal choices, and new programs. We are excited to have them as part of our organization and as a partner in fighting senior hunger, but we still need your help!

Please consider making a donation to our year end appeal and joining us in the fight against senior hunger!

Senior hunger is a growing problem, and meals delivered to a home or eaten here at the Senior Center provide good nutrition, a friendly visit, and peace of mind. In Cohoes alone, nearly 4000 members (23 percent) of our community are 60 years of age or older. Recent numbers published by the National Coalition on Aging say 1 in 9 seniors do not know where their next meal is coming from. That's almost 400 seniors in our community that are making the choice about whether to eat or go without. Help us serve as many meals as are needed. Together, we can prevent someone from having to choose to go without food.

Your gift to the Cohoes Multi-Service Senior Citizens Center makes a world of difference in so many lives! Please help us reach our goal.

Sincerely,

Lettie Saheim  
Board President

Keith Hornbrook  
Director of Community Centers

I want to help the Cohoes Multi-Service Senior Citizens Center, Inc. (CMSSCC) build a vibrant community for seniors.

My check payable to the CMSSCC is enclosed in the amount of:

- \$500       \$250       \$100       \$50       \$25  
 Other \$ \_\_\_\_\_

Please print your name as you would like it to appear in any recognition material.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email address: \_\_\_\_\_

My gift is in memory/honor of: \_\_\_\_\_

Please send an acknowledgement to: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

The CMSSCC is a 501(c)(3). All donations are tax deductible to the fullest extent allowed by law.

## Thank you!

I do not want my name printed in any recognition materials



10 Cayuga Plaza  
Cohoes, NY 12047