

# July 2009

Mon	Tue	Wed	Thu	Fri
		<b>1</b> 10 In Between Bridge 10 Senior Swim 12 Cheeseburger	<b>2</b> 10-5 Computer Lab 12 Beef Ravioli 12:30 Ceramics 5 Stuffed Peppers	<b>3</b> CENTER CLOSED
<b>6</b> 10 Senior Swim 10 Line Dancing 12 Roast Fresh Ham 1 Watercolor Painting Get Together	<b>7</b> 9 Medicaid 10 Osteoporosis Exercise 10 Food Stamps 12 Chicken Parmesan 1-5 Computer Lab 5 Pot Roast	<b>8</b> 10 In Between Bridge 10 Senior Swim 11 Blood Pressure Clinic 12 Meatloaf	<b>9</b> 10-5 Computer Lab 12 BBQ Chicken Leg 12:30 Ceramics 5 Chicken Cutlet	<b>10</b> 10-3 Computer Lab 10 Senior Swim 12 Corn Beef Hash 12:30 Advanced Bridge 1 Osteoporosis Exercise
<b>13</b> 10 Senior Swim 10 Line Dancing 12 Hot Dog Roast 1 Watercolor Painting Get Together	<b>14</b> 10 Osteoporosis Exercise 10 Summer safety and food 10 Hearing Clinic by appt. 12 American Goulash 1-5 Computer Lab 5 Roast Fresh Ham 5:30 Diners only Bingo	<b>15</b> 9:30 AARP Driving Class 10 Senior Swim 10 In Between Bridge 12 Stuffed Cabbage	<b>16</b> 10-5 Computer Lab 12 BBQ Pork on a Bun 12:30 Ceramics 4:30 Medicare and EPIC presentation by Fidelis 5 Roast Turkey	<b>17</b> 9:30 AARP Driving Class 10-3 Computer Lab 10 Senior Swim 12 Chicken Scampi 12:30 Advanced Bridge 1 Osteoporosis Exercise
<b>20</b> 10 Senior Swim 10 Line Dancing 12 Stewed Beef with Mushroom Gravy 1 Watercolor Painting Get Together	<b>21</b> 10 Osteoporosis 10 Legal Aid By Appt. 12 Pork Loin 1-5 Computer Lab 5 Corned Beef & Cabbage	<b>22</b> 10 Senior Swim 10 In Between Bridge 12 Chicken Cacciatore	<b>23</b> 10-5 Computer Lab 12 Sloppy Joe 12:30 Ceramics 5 Spaghetti and Meatballs 5 Bistro: Joe Santa Lucia & Company	<b>24</b> 10-3 Computer Lab 10 Senior Swim 12 Chicken Cutlet 12:30 Advanced Bridge 1 Osteoporosis Exercise
<b>27</b> 10 Senior Swim 10 Line Dancing 12 Roast Turkey 1 Watercolor Painting Get Together	<b>28</b> 10 Osteoporosis 12 Kielbasa and Pierogi 1-5 Computer Lab 5 Chicken Scampi 5:30 Diners only Bingo	<b>29</b> 10 In Between Bridge 10 Senior Swim 12 Cheeseburger	<b>30</b> 10-5 Computer Lab 12 Beef Ravioli 12:30 Ceramics 5 Stuffed Peppers	<b>31</b> 9 Registration for August Driving Class 10-3 Computer Lab 10 Senior Swim 12 Macaroni and Cheese w/diced ham 12:30 Advanced Bridge 1 Osteoporosis Exercise