

*Menu for Week of February 27, 2012
Cohoes Senior Center*

27. American goulash

*Cauliflower
Fruit cocktail*

28. Lunch

*Oven fried chicken
Sweet potato
Broccoli
Chocolate pudding*

Dinner

*Pot roast w/gravy
Mashed potato
Sweet and sour cabbage
Gingerbread*

29. Pot Roast

*Potatoes and carrots
Red Cabbage
Baked apples*

1. Lunch

*Meat loaf
Oven roasted potatoes
Carrots
Applesauce*

Dinner

*Spaghetti and meatballs
Tossed salad with romaine lettuce
Fruit crisp*

2. Oven Fried Fish

*Baked potato
Broccoli
Brownie*

**All meals served with bread and milk*